

# SAARA SPORTER AND 3P RANGE COMMANDS - 2022

## 1 INTRODUCTION

This based ISSF document **Training Manual Rifle for ISSF Range Officials & Judges - Edition 2018** and the **USA 2014-2016 National Standard Three-Position Air Rifle Rules - 10th Edition** with modifications to meet the SAARA requirements for multi diagram targets and 3P events

Keep in mind that, according to the ISSF definition **The Start Time in each shooting event is the time when commands for the first MATCH shot begin.**

Therefore times before the Start Time (T) will be indicates as (-) negative numbers.

Mandatory range commands are indicated as such **START**

**Other, recommended commands are indicated as such**

**All commands are given in English**

## 2 QUALIFICATION ROUND

Be sure the range is clear. Clocks and timers set and equipment is in working order.

All targets must be ready and the range closed before athletes are called to the line and allowed to uncase their rifles.

**NB : Take note that athletes are not permitted to uncase and handle their rifles before the command “athletes to the line” is given**

Changeover time may only commence once all the targets for that series is ready and the range is closed.

### 3 10M EVENTS

#### 3.1 T – 25 minutes (at least)

**“Athletes, get your targets ready and make sure the target holders are in the correct position. The range will be closed in 5 minutes”**

#### 3.2 T – 20 minutes

**“The range is closed”**

#### **ATHLETES TO THE LINE**

Athletes are now allowed to uncase their rifles, handle the rifles and perform holding and aiming exercises but are not allowed to discharge air.

Check the athletes clothing to ensure compliance. Check BIB numbers and lane allocation.

Prior to the Preparation and Sighting Time, close to the end (before the scheduled Preparation and Sighting Time), announce:

**“(Welcome .....)”**

**This is the 10m Air Rifle event.**

**Paper competition targets are numbered in sequences and must be fired in that order and from the top, where the arrow is, first.**

**{FOR MULTI-DIAGRAM TARGETS}**

**An unlimited number of sighting shots is allowed during the Preparation and Sighting Time, before the first competition shot. The program is 20 competition shots per series with three series. Only one (1) shot may be fired on each competition target. The total time limit for each series is 25 minutes.**

**{FOR SINGLE-DIAGRAM TARGETS – RUNNERS}**

**An unlimited number of sighting shots is allowed during the Preparation and Sighting Time, before the first competition shot. The program is 60 competition shots. Only one (1) shot may be fired on each competition target. The total time limit is 1 hour and 30 minutes.**

**The end of the series will be announced 10 and five 5 minutes before the end of the match”**

#### 3.3 T-10 minutes

#### **PREPARATION AND SIGHTING TIME START**

After 9 minutes 30 seconds – **30 SECONDS**

After 10 minutes - **END OF PREPARATION AND SIGHTING...STOP**

Make sure that there are no shots registered on any match targets.

### 3.4 At Start Time – first series fire (T=0)

**{FOR MULTI-DIAGRAM TARGETS} - “You have 25 minutes for the first 20 competition shots”**

#### **MATCH FIRING...START**

To ensure safety, when placing a gun down to leave the firing point or when firing is complete, all guns must be unloaded with actions (bolt or locking mechanism) open and safety flags inserted. The rifle must not be removed from the firing line during the course of fire except with the permission of a range official.

Before the athlete leaves the firing point, the athlete must ascertain and the Range Officer must verify that the action is open and that there is no pellet in the chamber and a safety flag is inserted. If the athlete boxes his rifle or removes it from the firing point without having it checked by the Range Officer, he may be disqualified. (6.2.2.4, 6.2.2.5).

**10 MINUTE** – with 10 minutes remaining

**5 MINUTES** - with 5 minutes remaining

#### **STOP.**

**“Please ensure that all weapons are safe”**

The CRO ensures that all the weapons are safe before anyone is allowed to move forward of the firing line.

The range officers removes the targets and once all match targets are removed the athletes are requested to replace their targets with the targets for the next series. This should be done as quickly as possible and take no longer than 5 minutes.

**{FOR MULTI-DIAGRAM TARGETS} “Athletes, please replace get your targets” – Continue with next series**

**{FOR SINGLE-DIAGRAM TARGETS} ATHLETES, YOU MAY REMOVE YOUR EQUIPMENT FROM THE FIRING LINE**

### 3.5 Second series fire start (around T+30 minutes)

After targets are cleared

**“The range is closed”**

#### **PREPARATION AND SIGHTING TIME START**

After 4 minutes 30 seconds – **30 SECONDS**

After 5 minutes - **END OF PREPARATION AND SIGHTING...STOP**

Make sure that there are no shots registered on any match targets.

**“You have 25 minutes for the next 20 competition shots”**

**MATCH FIRING...START**

**10 MINUTE** – with 10 minutes remaining

**5 MINUTES** - with 5 minutes remaining

**STOP.**

**“Please ensure that all weapons are safe”**

The CRO ensures that all the weapons are save before anyone is allowed to move forward of the firing line.

**If there are ladies shooting in a mixed event:**

**“Athletes, please replace get your targets”**

**3.6 Third series fire start (around T+60 minutes).**

After targets are cleared

**“The range is closed”**

**PREPARATION AND SIGHTING TIME START**

After 4 minutes 30 seconds – **30 SECONDS**

After 5 minutes - **END OF PREPARATION AND SIGHTING...STOP**

Make sure that there are no shots registered on any match targets.

**MATCH FIRING...START**

**10 MINUTE** – with 10 minutes remaining

**5 MINUTES** - with 5 minutes remaining

**STOP.**

**“Please ensure that all weapons are safe”**

The CRO ensures that all the weapons are save before anyone is allowed to move forward of the firing line.

**ATHLETES, YOU MAY REMOVE YOUR EQUIPMENT FROM THE FIRING LINE**

The athletes are now allowed to box their rifles and remove their equipment.

The range officers removes the targets

#### 4 3P EVENTS (MULTI DIAGRAM / BEKKER BOX)

##### **NOTE NEW SHOOTING ORDER – KNEELING, PRONE, STANDING**

##### 4.1 T – 25 minutes (at least)

**“Athletes, get your targets ready and make sure the traps are in the correct position. The range will be closed in 5 minutes”**

##### 4.2 T – 20 minutes

**“The range is closed”**

##### **ATHLETES TO THE LINE**

Athletes are now allowed to uncase their rifles, handle the rifles and perform holding and aiming exercises but are not allowed to discharge air.

Check the athletes clothing to ensure compliance. Check BIB numbers and lane allocation.

Prior to the Preparation and Sighting Time, close to the end (before the scheduled Preparation and Sighting Time), announce:

**“(Welcome .....)”**

**This is the 3P Air Rifle event.**

**Paper competition targets are numbered in sequences and must be fired in that order and from the top, where the arrow is, first.**

**An unlimited number of sighting shots is allowed during the Preparation and Sighting Time, before the first competition shot. The program is 20 competition shots per series. Only one (1) shot may be fired on each competition target.**

**The end of the series will be announced 10 and 5 minutes before the end of the match”**

##### 4.3 T-10 minutes

##### **PREPARATION AND SIGHTING TIME START**

After 9 minutes 30 seconds – **30 SECONDS**

After 10 minutes - **END OF PREPARATION AND SIGHTING...STOP**

Make sure that there are no shots registered on any match targets.

##### 4.4 At Start Time – Kneeling series fire (T=0)

**“You have 20 minutes for the next 20 competition shots in the kneeling position”**

##### **MATCH FIRING...START**

To ensure safety, when placing a gun down to leave the firing point or when firing is complete, all guns must be unloaded with actions (bolt or locking mechanism) open and Safety Flags inserted. The rifle must not be removed from the firing line during the course of fire except with the permission of a range official.

Before the athlete leaves the firing point, the athlete must ascertain and the Range Officer must verify that the action is open and that there is no pellet in the chamber and a Safety flag is inserted. If the athlete boxes his rifle or removes it from the firing point without having it checked by the Range Officer, he may be disqualified. (6.2.2.4, 6.2.2.5).

**10 MINUTE** – with 10 minutes remaining

**5 MINUTES** - with 5 minutes remaining

**STOP.**

***“Please ensure that all weapons are safe”***

The CRO ensures that all the weapons are safe before anyone is allowed to move forward of the firing line.

The range officers removes the targets (multi diagram targets) and once all match targets are removed the athletes are requested to replace their targets with the targets for the next series and move the target holders to the correct height for the standing position. This should be done as quickly as possible and take no longer than 5 minutes.

***“Athletes, please get your targets ready for the standing position”***

#### 4.5 Prone position fire start (around T+30 minutes)

After targets are cleared and set to the prone position.

***“The range is closed”***

**TAKE YOUR POSITIONS, YOUR FIVE MINUTE CHANGE OVER STAGE FOR THE PRONE POSITION BEGINS NOW**

After 5 minutes.

**PREPARATION AND SIGHTING TIME START**

After 9 minutes 30 seconds – **30 SECONDS**

After 10 minutes - **END OF PREPARATION AND SIGHTING...STOP**

Make sure that there are no shots registered on any match targets.

***“You have 20 minutes for the next 20 competition shots in the prone position”***

**MATCH FIRING...START**

**10 MINUTE** – with 10 minutes remaining

**5 MINUTES** - with 5 minutes remaining

**STOP.**

**“Please ensure that all weapons are safe”**

The CRO ensures that all the weapons are safe before anyone is allowed to move forward of the firing line.

The range officers removes the targets (multi diagram targets) and once all match targets are removed the athletes are requested to replace their targets with the targets for the next series and move the target holders to the correct height for the kneeling position. This should be done as quickly as possible and take no longer than 5 minutes.

**“Athletes, please get your targets ready for the kneeling position”**

#### 4.6 **Standing series start (around T+60 minutes)**

After targets are cleared and set to the standing position.

**“The range is closed”**

**TAKE YOUR POSITIONS, YOUR FIVE MINUTE CHANGE OVER STAGE FOR THE STANDING POSITION BEGINS NOW**

After 5 minutes.

**PREPARATION AND SIGHTING TIME START**

After 9 minutes 30 seconds – **30 SECONDS**

After 10 minutes - **END OF PREPARATION AND SIGHTING...STOP**

Make sure that there are no shots registered on any match targets.

**“You have 25 minutes for the next 20 competition shots in the Standing position**

**MATCH FIRING...START**

**10 MINUTE** – with 10 minutes remaining

**5 MINUTES** - with 5 minutes remaining

**STOP.**

**“Please ensure that all weapons are safe”**

The CRO ensures that all the weapons are safe before anyone is allowed to move forward of the firing line.

**ATHLETES, YOU MAY REMOVE YOUR EQUIPMENT FROM THE FIRING LINE**

The athletes are now allowed to box their rifles and remove their equipment.

The range officers removes the targets.

## **5 NOTES**

- Range Officers must move continually and quietly while observing the athletes at all times.
- Shots fired before “START”, a penalty may be imposed (6.11.1.1 i).
- Shots fired after “STOP” must be scored as misses (6.11.1.3). Note on score sheet.

### **5.1 Interruptions**

If there is a delay of more than three (3) minutes, through no fault of his own and this interruption was not caused by a malfunction of his gun or ammunition, equal time may be allowed (on athlete's demand and the remaining time plus one (1) minute, if during the last few minutes of the competition) (6.11.5.1). If there is a delay of more than five (5) consecutive minutes or if the athlete is moved to another firing point, the athlete may have additional unlimited sighting shots at one (1) sighting target at the beginning of the remaining time including any time extension granted (6.11.5.2).

### **5.2 Release of a propelling charge**

Any release of the propelling charge after the first competition target is in place, without the pellet hitting the target, whether a pellet has been loaded or not, will be scored as a miss. Target remains blank - next target. Note on target (6.11.2.2).